

# *Vast Silence*

**a 4-day Silent Meditation Retreat  
with Asha Greer, Tilak Pyle, and Latifa Till**



Experience the spaciousness of vast silence, the deliciousness of the body, the splendor of sacred music and sound, and a deepening wonder of our natural world. Practices include seated and walking meditation, gentle yoga, zikr, nature immersion, mindful eating, sacred service, and group practice.

**October 5-8, 2018**

**Sevenoaks Retreat Center, Madison, VA**

Cost: \$375. Fee covers lodging, meals, and use of facilities. In the tradition of dana (generosity), participants make an offering directly to the teachers / facilitators at the end of the retreat. Tent camping is also available.

Sevenoaks is a tranquil 120-acre spiritual education and retreat center located in Madison, Virginia. It sits along the Rapidan River with 5 miles of hiking trails and stunning views of the Blue Ridge Mountains. [www.sevenoaksretreat.org](http://www.sevenoaksretreat.org).

To Register, email [meganatthowe@gmail.com](mailto:meganatthowe@gmail.com).



Asha Greer



Latifa Till



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